Sunday Roast Menu

polmanter ST IVES

Lunch: 12-3pm | Dinner: 5-8pm

Mains

Roast		Sides	
Top side of beef (GFO)	£19	Pigs in blankets	£5
Roast chicken (GFO)	£17.50	Extra cauliflower cheese (V/GF)	£5
Nut roast (VG/GFO)	£16.50	Extra roasted roots (VG/GF)	£4
		Extra roast potatoes (VG/GF)	£4
		Extra Yorkshire pudding (V/GFO)	£1

All served with a Yorkshire pudding, garlic & rosemary roast potatoes, roasted carrots & parsnips, cauliflower cheese, braised red cabbage, tender stem broccoli, savoy cabbage, peas, buttered swede mash & homemade gravy

The Stable Bar cheese & bacon burger (GFO) - £18

6oz beef burger, topped with melted cheddar, streaky bacon, tomato, red onion, baby gem, coleslaw, & fries

Buttermilk chicken burger (GFO) - £18

Served with melted cheddar, streaky bacon, baby gem, coleslaw, garlic mayo & fries

Moving Mountain burger (VG) - £16.50

Baby gem lettuce, tomato, red onion, lime mayo, coleslaw, & fries

Fish & chips (GFO) - £17

Served with garden or mushy peas, fries, & tartare sauce

Children's Menu

Child's roast (GFO) - £10

Beef, chicken breast or nut roast, served with a Yorkshire pudding, roast potatoes, parsnip, carrots, tender stem broccoli & homemade gravy

Sausage & chips, with beans or peas (VGO) - £9

Chicken nuggets & chips, with beans or peas (VGO) - £9

Fish & chips, with beans or peas (GFO) - £9

Moodmaid Cornish ice cream (VO/GFO) - £3.50

One scoop of Vanilla bean & clotted cream, Strawberry, Belgian chocolate or Sea salt caramel ice cream, served with mini marshmallows & a wafer

V = Vegetarian VG = Vegan

VO | VGO | GFO = Vegetarian | Vegan | Gluten free option available. Please ask a member of staff.

ALLERGY ADVICE

For information on food allergies and intolerances please speak to a member of staff. We store produce and display food where allergens are handled and while we try to keep things separate, we cannot guarantee that any item is allergen free.