

Evening Menu

Served from 5pm - 9pm



Welcome

We use the finest local, high quality produce wherever possible, so we hope you enjoy your meal. Do ask if we can make tweaks to your meal to meet dietary requirements or preferences & we'll do our best.

Classics

Piri Piri chicken (GFO)	£18
Chicken breast marinated with piri piri spices, corn on the cob, side salad, fries & coleslaw	
Mac & cheese (V)	£13
+ Streaky bacon	+ £2
+ Buttermilk chicken	+ £4
Sausage & Nduja ragu	£17
Rigatoni pasta, spicy sausage, nduja, crispy rosemary & parmesan	
Traditional Thai red curry (GFO)	£16
Aromatic spices, peppers, red onion, baby corn, jasmine rice, crispy onions & coriander	
+ Fish or Chicken	£4
West Country gammon (GFO)	£17
Served with pineapple, Cornish free range fried egg, fries, onion rings & garden peas	
Cornish sausages (VO)	£18
Served with buttery mash, balsamic onion gravy, topped with crispy onions & garden or mushy peas	
'Pieminister' Steak & ale pie (GFO)	£18
Served with mashed potato or fries, garden or mushy peas, gravy & crispy onions	
Westcountry 8oz sirloin steak (GFO)	£26.50
Served with fries, side salad, tomato & Portobello mushroom	
+ Peppercorn or Blue cheese sauce	+ £3.50

V = Vegetarian VG = Vegan

VO | VGO | GFO = Vegetarian | Vegan | Gluten free option available.

Please ask a member of staff.

ALLERGY ADVICE

For information on food allergies and intolerances please speak to a member of staff. We store produce and display food where allergens are handled and while we try to keep things separate, we cannot guarantee that any item is allergen free.

From the Sea

Scampi & chips	£16
Served with fries, side salad, garden or mushy peas & tartare sauce	
Fish and chips (GFO)	£17
Battered local fish served with fries, garden peas or mushy peas & tartare sauce	
Seafood linguine	£18
Mixed seafood, king prawns & mussels cooked in tomato sauce, with chilli, garlic & fresh herbs	

Burgers

Step 1 - Choose from;

Two 3oz smashed beef burgers • Crispy buttermilk chicken
Grilled chicken breast • Plant based burger

Step 2 - Select your toppings;

Classic burger (GFO)	£16.50
Portobello mushroom & red pepper (VGO/GFO)	£17
Portobello mushroom, fire roasted red peppers, crispy onions & pesto mayo	
Goat's cheese & red pepper (VO/GFO)	£17.50
Grilled Cornish goat's cheese, fire roasted red peppers, crispy onions & hot honey mayo	
The Stable Bar - cheese & bacon (GFO)	£18
Melted monterey jack cheese, streaky bacon & burger sauce	
Blue cheese & caramelised onion (VO/GFO)	£18.50
Melted Cornish blue cheese & caramelised balsamic onions	
Smoky BBQ pulled pork	£19
Melted monterey jack cheese & crispy onions	
Served with baby gem, tomato, gherkin & red onion, in a brioche bun with fries & coleslaw	
Upgrade to sweet potato fries (GFO)	+ £1.50
Upgrade to truffle & parmesan fries (GFO)	+ £2.50

Pizzas

Artisan stone-baked, 12 inch pizzas with a rich tomato & basil sauce, finished with mozzarella

Gluten free pizza bases (+ £1.50) and vegan cheese (+ £1.50) available upon request

Margherita (VGO/GFO)	£14.50
Pepperoni	£16
BBQ chicken (GFO)	£16
BBQ chicken, sweetcorn & red onion	
Chicken & pesto (GFO)	£17
Grilled chicken, sundried tomatoes, red onion & pesto	
Red pepper & sundried tomatoes (VGO/GFO)	£17
Fire roasted red peppers, sundried tomatoes, olives, red onion & spinach	
Goat's cheese & caramelised onion (V/GFO)	£18
Cornish goat's cheese, fire roasted red peppers & caramelised balsamic onions	
Wild mushroom (VGO/GFO)	£18
Wild mushroom, balsamic onions & truffle oil	
Spicy Italian sausage	£18
Italian sausage, nduja, olives & hot honey	
Stable Bar Inferno	£18
Pepperoni, chorizo, fire roasted red peppers, red onion, fresh chilli, chilli flakes & tabasco sauce	

Salads

Chicken & bacon caesar salad (GFO)	£17
Grilled chicken, streaky bacon, baby gem, Caesar dressing, parmesan & croutons	
Mediterranean chickpea salad (VGO/GFO)	£14
Mixed leaf, chickpeas, fire roasted red peppers, olives, courgette, cucumber, cherry tomatoes, red onion & olive oil	
+ Chargrilled chicken or Halloumi cheese	+ £4
Roasted butternut squash salad (VGO/GFO)	£14
Hummous, cherry tomatoes, cucumber, mixed leaves, red onion & toasted almonds, with maple & balsamic dressing	
+ Chargrilled chicken or Halloumi cheese	+ £4

Children's Menu

Tomato pasta (VG) or Mac and cheese (V)	£8.50
Sausage & chips Served with beans or peas	£9.50
Chicken nuggets & chips Served with beans or peas	£9.50
Fish & chips (GFO) Served with beans or peas	£9.50
9" Margherita pizza (V/GFO)	£10.50
9" Pepperoni pizza	£12
Cornish ice cream (V/VGO/GFO) One scoop of dairy or non-dairy ice cream or sorbet, served with mini marshmallows & a wafer - see main dessert menu for flavours	£4

Sides

Coleslaw (VG/GF)	£4	Sweet potato fries (V/GFO)	£7
Onion rings (V/GFO)	£5	+ Honey & chilli flakes	+ £1
House salad (VG/GFO)	£5	Garlic pizza bread (V/GFO)	
Mac & cheese (V)	£6	9" £7.50 / 12" £10	
Fries (VG/GFO)	£6	Cheesy garlic pizza bread (V/GFO)	
+ Cheese (V/GFO)	+ £1	9" £9.50 / 12" £12	
+ Truffle & parmesan	+ £2		

Specials Board

Please see our **Daily Specials** board for chef's latest dishes, including today's market fish.

Dog menu



Cornish sausage	£1.50
Marshfield Farm 'Scoop's vanilla ice cream for dogs'	£3

Desserts

Moomaid Cornish ice cream (VO/GFO) £9

Three scoops of: vanilla bean & clotted cream, strawberry, Belgian chocolate, or sea salt caramel ice cream, served with a wafer

Roskilly's Cornish non-dairy ice cream (VGO/GFO) £9

Three scoops of: raspberry ripple, chocolate & salted caramel, or mango & passionfruit sorbet, served with a wafer

Lemon tart (V) £10

Served with clotted cream

Sticky toffee pudding (V) £10

With butterscotch sauce, Cornish ice cream or clotted cream

Apple crumble (V) £10

Cornish ice cream or custard

Biscoff cheesecake (V) £10

Cornish ice cream or clotted cream

Chocolate brownie (V) £10

Cornish ice cream or clotted cream

Vegan & gluten free brownie available on request **(VG/GFO)**

Chocolate & orange tart (VG/GF) £10

Served with non-dairy ice cream or sorbet

Belgian waffle (V) £10

Served with vanilla ice cream, berry compote & chocolate sauce

Moomaid Cornish ice cream sundaes £12

Three scoops of ice cream, finished with whipped cream & a wafer

Honeycomb (V/GFO) - salted caramel ice cream, Cadbury Crunchie pieces & caramel sauce

Lotus Biscoff (V) - vanilla ice cream, Biscoff crumble & Biscoff sauce

Chocolate Brownie (V) - vanilla & chocolate ice cream, brownie bites & chocolate sauce

Eton mess (V/GFO) - vanilla & strawberry ice cream, meringue, berry compote & strawberry sauce

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