Evening Menn

### Served from 5pm - 9pm



# Welcome

We use the finest local, high quality produce wherever possible, so we hope you enjoy your meal. Do ask if we can make tweaks to your meal to meet dietary requirements or preferences & we'll do our best.

Cassics

<b>Piri Piri chicken</b> (GFO) Chicken breast marinated with piri piri spices, corn on the cob, side salad, fries & coleslaw	£18
Mac & cheese (V) Served with a side salad + Streaky bacon + Buttermilk chicken	£13 £2 £4
<b>Sausage &amp; Nduja ragu</b> Rigatoni pasta, spicy sausage, nduja, crispy rosemary & parme	£17 esan
<b>Traditional Thai red curry</b> (GFO) Aromatic spices, peppers, red onion, babycorn, jasmine rice, crispy onions & coriander	£14
+ Fish or Chicken	£4
<b>West Country gammon</b> (GFO) Served with pineapple, Cornish free range fried egg, fries, onion rings & garden peas	£17
<b>Cornish sausages</b> (VO) Served with buttery mash, balsamic onion gravy, topped with crispy onions & garden or mushy peas	£18
<b>'Pieminister' Steak &amp; ale pie</b> (GFO) Served with mashed potato or fries, mushy peas, gravy & crispy onions	£18
Westcountry 8oz sirloin steak (GFO)	£26
Served with a side salad, tomato, flat mushroom & fries + Peppercorn or Diane sauce	£3.50

#### ALLERGY ADVICE

For information on food allergies and intolerances please speak to a member of staff. We store produce and display food where allergens are handled and while we try to keep things separate, we cannot guarantee that any item is allergen free.

From the Sea

#### Scampi & chips £16 Served with fries, garden or mushy peas, side salad & tartare sauce £17

Fish & chips (GFO)

Battered local fish served with fries, garden or mushy peas & tartare sauce

#### Seafood linguine

Mixed seafood, king prawns & mussels cooked in a tomato sauce, with chilli, garlic & fresh herbs

£18

### Burgers

<b>Stable Bar cheese &amp; bacon burger (GFO)</b> Two 3oz smashed beef burgers, topped with melted chedda streaky bacon, baby gem, tomato, red onion & burger sauce with fries & coleslaw	
<b>Buttermilk chicken burger</b> (GFO) Breaded buttermilk chicken fillet, topped with melted ched cheese, streaky bacon, baby gem, tomato, red onion & garli served with fries & coleslaw	
<b>Moo &amp; blue burger</b> (GFO) Two 3oz smashed beef burgers, topped with melted blue ch balsamic onions, baby gem, tomato & red onion, served with & coleslaw	
<b>Pulled pork burger (GFO)</b> Two 3oz smashed beef burgers, topped with melted chedda pulled pork, baby gem, tomato & red onion, served with frie & coleslaw	
<b>Moving Mountain burger</b> (VG) Plant based burger, topped with baby gem, tomato, red onio & burger sauce, served with fries & coleslaw	£16.50 on
Upgrade your fries to sweet potato fries (GFO)	£1.50
Upgrade your fries to truffle fries (GFO)	£2.50

V = Vegetarian VG = Vegan

VO | VGO | GFO = Vegetarian | Vegan | Gluten free option available. Please ask a member of staff.

### Pizzas

Artisan stone-baked, 12 inch pizzas with a rich tomato & basil sauce, finished with mozzarella

Gluten free pizza bases (+£1.50) & vegan cheese (+£1.50) available upon request

Margherita (V/GFO)	£13.50
Pepperoni	£15.50
<b>BBQ chicken</b> (GFO) BBQ chicken, sweetcorn & chipotle mayo	£16
<b>Chicken &amp; pesto</b> (GFO) Grilled chicken, pesto & red onion	£16.50
<b>Wild mushroom</b> (V/GFO) Wild mushroom, balsamic onions & truffle oil	£17
<b>Four cheese</b> (VO/GFO) Mozzarella, cheddar, blue cheese & parmesan	£17
<b>Florentine</b> (VO/GFO) Spinach, Parma ham & baked egg	£17
<b>Spicy Italian sausage</b> Italian sausage, nduja, olives & honey	£17.50
<b>BBQ pulled pork (GFO)</b> BBQ pulled pork, balsamic onions, crispy onions & BBQ sa	£17.50 auce
Salads	

<b>Chicken &amp; bacon caesar salad</b> (GFO) Grilled chicken, streaky bacon, baby gem, Caesar dressing, parmesan & croutons	£16
Superfood salad (VGO) Quinoa, soya beans, kale, spinach, rocket, pickled red cabbage, red onion, mixed nuts, sesame seeds, pumpkin seeds & miso dressing	£14
+ Chargrilled chicken or Halloumi cheese	£4
<b>Roasted butternut squash salad</b> (VGO/GFO) Hummus, cherry tomatoes, cucumber, mixed leaves, red onion & toasted almonds, with maple & balsamic dressing	£14
+ Chargrilled chicken or Halloumi cheese	£4

## Children's Menu

9" Margherita or Pepperoni pizza (VO/GFO)	£9
Tomato pasta (VG) or Mac & cheese (V)	£8
<b>Sausage &amp; chips</b> (VGO) Served with beans or peas	£9
<b>Chicken nuggets &amp; chips</b> (VGO) Served with beans or peas	£9
<b>Fish &amp; chips</b> (GFO) Served with beans or peas	£9
<b>Moomaid Cornish ice cream</b> (VO/GFO) One scoop of vanilla & clotted cream, strawberry, Belgian chocolate, or sea salt caramel ice cream, served with mini marshmallows & wafer	£3.50
<b>Roskilly's Cornish non-dairy ice cream</b> (VGO/GFO) One scoop of raspberry ripple, chocolate & salted caramel or mango & passionfruit sorbet, served with mini marshmallo	£3.50 ows

& a wafer

Sides		
Coleslaw (VG/GF)	£4	Cheesy fries (V/GFO) £6
Onion rings (V/GFO)	£5	Truffle fries (VG/GFO) £7
Mac & cheese (V)	£6	Garlic pizza bread (V/GFO) 9" £7
House salad (VG/GFO)	£5	<b>12</b> " £9
Fries (VG/GFO)	£5	Cheesy garlic pizza9" £8
Sweet potato fries (V/GFO)	£6	<b>bread</b> (V/GFO) <b>12</b> " £10

Dog menu **Cornish sausage** £1.50 Marshfield Farm 'Scoop's vanilla ice cream for dogs' £2.50

Dessers	
Lemon tart (V) Served with fresh strawberries & clotted cream	£9
<b>Moomaid Cornish ice cream</b> (VO/GFO) Three scoops of: Vanilla bean & clotted cream, strawberry, Belgian chocolate, or sea salt caramel ice cream, served with a wafer	£8
<b>Roskilly's Cornish non-dairy ice cream</b> (VGO/GFO) Three scoops of: Raspberry ripple, chocolate & salted caramel or mango & passionfruit sorbet, served with a wafer	£8
<b>Sticky toffee pudding</b> (V) With butterscotch sauce, Cornish ice cream or clotted cream	£9
Apple crumble (V) Cornish ice cream or custard	£9
<b>Biscoff cheesecake</b> (V/VG) Cornish ice cream or clotted cream	£9
<b>Chocolate brownie</b> (GFO) Cornish ice cream or clotted cream	£9
Vegan & gluten free brownie available on request (VG/GF)	
<b>Chocolate &amp; orange tart</b> (VG/GF) Served with non-dairy ice cream or sorbet	£9
<b>Belgian waffle</b> (V) Served with vanilla ice cream, mixed berries & chocolate sauce	£9
Moomaid Cornish ice cream sundaes (VO/GFO) Honeycomb (V/GFO) Salted caramel ice cream, Cadbury Crunchie pieces & caramel s	£10
Lotus Biscoff (V) Vanilla ice cream, Biscoff crumble & Biscoff sauce	Sauce
<b>Chocolate brownie</b> (V/GFO) Vanilla & chocolate ice cream, brownie bites & chocolate sauce	
<b>Eton Mess (V/GFO)</b> Vanilla & strawberry ice cream, meringue, berries & strawberry	sauce

V = Vegetarian VG = Vegan GF = Gluten free VO | VGO | GFO = Vegetarian | Vegan | Gluten free option available. Please ask a member of staff.