

# Evening Menu

Served from 5pm - 9pm



# Welcome

We use the finest local, high quality produce wherever possible, so we hope you enjoy your meal. Do ask if we can make tweaks to your meal to meet dietary requirements or preferences & we'll do our best.

## Classics

<b>Piri Piri chicken</b> (GFO)	£18
Chicken breast marinated with piri piri spices, corn on the cob, side salad, fries & coleslaw	
<b>Mac &amp; cheese</b> (V)	£13
+ Streaky bacon	+ £2
+ Buttermilk chicken	+ £4
<b>Sausage &amp; Nduja ragu</b>	£17
Rigatoni pasta, spicy sausage, nduja, crispy rosemary & parmesan	
<b>Traditional Thai red curry</b> (GFO)	£16
Aromatic spices, peppers, red onion, baby corn, jasmine rice, crispy onions & coriander	
+ Fish or Chicken	£4
<b>West Country gammon</b> (GFO)	£17
Served with pineapple, Cornish free range fried egg, fries, onion rings & garden peas	
<b>Cornish sausages</b> (VO)	£18
Served with buttery mash, balsamic onion gravy, topped with crispy onions & garden or mushy peas	
<b>'Pieminister' Steak &amp; ale pie</b> (GFO)	£18
Served with mashed potato or fries, garden or mushy peas, gravy & crispy onions	
<b>Westcountry 8oz sirloin steak</b> (GFO)	£26.50
Served with fries, side salad, tomato & Portobello mushroom	
+ Peppercorn or Blue cheese sauce	+ £3.50

V = Vegetarian VG = Vegan

VO | VGO | GFO = Vegetarian | Vegan | Gluten free option available.

Please ask a member of staff.

### ALLERGY ADVICE

For information on food allergies and intolerances please speak to a member of staff. We store produce and display food where allergens are handled and while we try to keep things separate, we cannot guarantee that any item is allergen free.

# From the Sea

<b>Scampi &amp; chips</b>	£16
Served with fries, side salad, garden or mushy peas & tartare sauce	
<b>Fish and chips (GFO)</b>	£17
Battered local fish served with fries, garden peas or mushy peas & tartare sauce	
<b>Seafood linguine</b>	£18
Mixed seafood, king prawns & mussels cooked in tomato sauce, with chilli, garlic & fresh herbs	

## Burgers

### Step 1 - Choose from;

Two 3oz smashed beef burgers • Crispy buttermilk chicken  
Grilled chicken breast • Plant based burger

### Step 2 - Select your toppings;

<b>Classic burger (GFO)</b>	£16.50
<b>Portobello mushroom &amp; red pepper (VGO/GFO)</b>	£17
Portobello mushroom, fire roasted red peppers, crispy onions & pesto mayo	
<b>Goat's cheese &amp; red pepper (VO/GFO)</b>	£17.50
Grilled Cornish goat's cheese, fire roasted red peppers, crispy onions & hot honey mayo	
<b>The Stable Bar - cheese &amp; bacon (GFO)</b>	£18
Melted monterey jack cheese, streaky bacon & burger sauce	
<b>Blue cheese &amp; caramelised onion (VO/GFO)</b>	£18.50
Melted Cornish blue cheese & caramelised balsamic onions	
<b>Smoky BBQ pulled pork</b>	£19
Melted monterey jack cheese & crispy onions	
<b>Served with baby gem, tomato, gherkin &amp; red onion, in a brioche bun with fries &amp; coleslaw</b>	
<b>Upgrade to sweet potato fries (GFO)</b>	+ £1.50
<b>Upgrade to truffle &amp; parmesan fries (GFO)</b>	+ £2.50

# Pizzas

Artisan stone-baked, 12 inch pizzas with a rich tomato & basil sauce, finished with mozzarella

*Gluten free pizza bases (+ £1.50) and vegan cheese (+ £1.50) available upon request*

<b>Margherita</b> (VGO/GFO)	£14.50
<b>Pepperoni</b>	£16
<b>BBQ chicken</b> (GFO)	£16
BBQ chicken, sweetcorn & red onion	
<b>Chicken &amp; pesto</b> (GFO)	£17
Grilled chicken, sundried tomatoes, red onion & pesto	
<b>Red pepper &amp; sundried tomatoes</b> (VGO/GFO)	£17
Fire roasted red peppers, sundried tomatoes, olives, red onion & spinach	
<b>Goat's cheese &amp; caramelised onion</b> (V/GFO)	£18
Cornish goat's cheese, fire roasted red peppers & caramelised balsamic onions	
<b>Wild mushroom</b> (VGO/GFO)	£18
Wild mushroom, balsamic onions & truffle oil	
<b>Spicy Italian sausage</b>	£18
Italian sausage, nduja, olives & hot honey	
<b>Stable Bar Inferno</b>	£18
Pepperoni, chorizo, fire roasted red peppers, red onion, fresh chilli, chilli flakes & tabasco sauce	

# Salads

<b>Chicken &amp; bacon caesar salad</b> (GFO)	£17
Grilled chicken, streaky bacon, baby gem, Caesar dressing, parmesan & croutons	
<b>Mediterranean chickpea salad</b> (VGO/GFO)	£14
Mixed leaf, chickpeas, fire roasted red peppers, olives, courgette, cucumber, cherry tomatoes, red onion & olive oil	
+ Chargrilled chicken or Halloumi cheese	+ £4
<b>Roasted butternut squash salad</b> (VGO/GFO)	£14
Hummous, cherry tomatoes, cucumber, mixed leaves, red onion & toasted almonds, with maple & balsamic dressing	
+ Chargrilled chicken or Halloumi cheese	+ £4

# Children's Menu

<b>Tomato pasta (VG) or Mac and cheese (V)</b>	£8.50
<b>Sausage &amp; chips</b> Served with beans or peas	£9.50
<b>Chicken nuggets &amp; chips</b> Served with beans or peas	£9.50
<b>Fish &amp; chips (GFO)</b> Served with beans or peas	£9.50
<b>9" Margherita pizza (V/GFO)</b>	£10.50
<b>9" Pepperoni pizza</b>	£12
<b>Moomaid Cornish ice cream (V/GFO)</b>	£4
One scoop of raspberry ripple, chocolate & salted caramel or mango & passionfruit sorbet, served with mini marshmallows & a wafer	

## Sides

<b>Coleslaw (VG/GF)</b>	£4	<b>Sweet potato fries (V/GFO)</b>	£7
<b>Onion rings (V/GFO)</b>	£5	+ Honey & chilli flakes	+ £1
<b>House salad (VG/GFO)</b>	£5	<b>Garlic pizza bread (V/GFO)</b>	
<b>Mac &amp; cheese (V)</b>	£6	9" £7.50 / 12" £10	
<b>Fries (VG/GFO)</b>	£6	<b>Cheesy garlic pizza bread (V/GFO)</b>	
+ Cheese (V/GFO)	+ £1	9" £9.50 / 12" £12	
+ Truffle & parmesan	+ £2		

## Specials Board

Please see our **Daily Specials** board for chef's latest dishes, including today's market fish.

## Dog menu

<b>Cornish sausage</b>		£1.50
<b>Marshfield Farm 'Scoop's vanilla ice cream for dogs'</b>		£3

# Desserts

<b>Moomaid Cornish ice cream</b> (VO/GFO)	£9
Three scoops of: vanilla bean & clotted cream, strawberry, Belgian chocolate, or sea salt caramel ice cream, served with a wafer	
<b>Roskilly's Cornish non-dairy ice cream</b> (VGO/GFO)	£9
Three scoops of: raspberry ripple, chocolate & salted caramel, or mango & passionfruit sorbet, served with a wafer	
<b>Lemon tart</b> (V)	£10
Served with clotted cream	
<b>Sticky toffee pudding</b> (V)	£10
With butterscotch sauce, Cornish ice cream or clotted cream	
<b>Apple crumble</b> (V)	£10
Cornish ice cream or custard	
<b>Biscoff cheesecake</b> (V)	£10
Cornish ice cream or clotted cream	
<b>Chocolate brownie</b> (V)	£10
Cornish ice cream or clotted cream	
Vegan & gluten free brownie available on request <b>(VG/GFO)</b>	
<b>Chocolate &amp; orange tart</b> (VG/GF)	£10
Served with non-dairy ice cream or sorbet	
<b>Belgian waffle</b> (V)	£10
Served with vanilla ice cream, berry compote & chocolate sauce	
<b>Moomaid Cornish ice cream sundaes</b>	£12
Three scoops of ice cream, finished with whipped cream & a wafer	
<b>Honeycomb</b> (V/GFO) - salted caramel ice cream, Cadbury Crunchie pieces & caramel sauce	
<b>Lotus Biscoff</b> (V) - vanilla ice cream, Biscoff crumble & Biscoff sauce	
<b>Chocolate Brownie</b> (V) - vanilla & chocolate ice cream, brownie bites & chocolate sauce	
<b>Eton mess</b> (V/GFO) - vanilla & strawberry ice cream, meringue, berry compote & strawberry sauce	

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